

**THE SALVATION ARMY
MAXWELL MEIGHEN CENTRE**

**TURNING POINT
ADDICTION REHABILITATION
PROGRAM**

**135 SHERBOURNE STREET
TORONTO, ONTARIO
M5A 2R5**

**TEL: (416) 366-2733
FAX: (416) 366-6984**

RESIDENT INFORMATION BOOKLET

THE TURNING POINT PROGRAM

MISSION STATEMENT

The Turning Point operates within the context of the Salvation Army, which is a Christian organization. The program draws upon this foundation, but functions in a way that is inclusive to all while maintaining a commitment to its larger context.

We offer our clients the tools to gain freedom from their addiction along with the care, respect, and dignity to make it a reality.

RESIDENTS

RIGHTS:

1. To be treated with dignity and respect.
2. To be personally safe and secure from outside interference.
3. To receive treatment and service that are timely and of good quality.
4. To be able to voice your opinion without fear of reprisal.
5. Have a safe place for your belongings at all times.
6. To be able to receive reasonable answers to your questions.
7. Have access to your own program file.
8. All counseling to be confidential.
9. Referral to other services when needed (doctor etc).

RESPONSIBILITIES:

1. Show respect towards other residents and staff of this centre.
2. Act in a manner that is courteous and safe to others.
3. Co-operate with the rules of the centre and the program.
4. Provide staff with all information that is pertinent to your recovery.
5. Willingly do your housekeeping work details to the best of your ability.
6. Maintain your personal hygiene and laundry needs.
7. No acts of violence out of resentment towards others.
8. Observe the quiet times (lights out, etc.)
9. Do not bring weapons or any illegal chemical substances into the centre.
10. Be serious in actively working towards your personal recovery.

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WORDS OF WELCOME

May God bless you during your stay in the Turning Point Program and may an awareness of the resources to a wholesome and sober living become yours in your recovery.

THE PROGRAM

After completion of the Turning Point Program, you may be referred to the Harbour Light Centre, or any other treatment centre.

PROGRAM EXPECTATIONS

Abide by all of the rules and regulations stated in this manual. **Lateness is not acceptable**, and continued lateness could lead to you being discharged from program.

PROGRAM CURFEW/LIGHTS OUT

Curfew is 11 pm. No exceptions.

Lights must be out at **11pm** from Sunday-Thursday, and **2am** on Friday, Saturday, and holidays. You are not permitted to be outside the building after 11pm 7 days a week, and you are not permitted to leave the building before 6am.

PROGRAM ACTIVITIES

Check the schedule for specific classes, and activities. You are required to be in all scheduled meetings and classes unless you are excused with permission from the Turning Point Staff

RESIDENT CONDUCT

All residents are expected to be respectful of other residents, staff of the Turning Point Program and the Maxwell Meighen Centre, as well as the property of other residents, the program and the building.

Sexual activity/intimate physical contact between residents of the program is **strictly prohibited** on these premises and will result in dismissal.

DRESS CODE

All residents of the program **must be fully clothed at all times** while in the hallways.

Unacceptable clothing consists of: anything that depicts alcohol, drugs and/or drug paraphernalia advertisements, sexually explicit slogans/suggestions, racial and/or similar slurs, and any kind of offensive language.

APPOINTMENTS

All appointments must be approved in advance by program staff of at least one working day, and your time in program will be extended in order to make up for lost time.

ACCOMMODATION

Any resident who consistently fails to keep his area clean may be discharged from program. **No food or beverages** are allowed in the dormitory area at any time.

ALCOHOL, NON-PRESCRIBED DRUGS OR PARAPHERNALIA

Any resident who is found bringing these items into the building or are found to be under the influence from alcohol/drugs will be discharged.

SMOKING

The Maxwell Meighen Centre is a **smoke free environment**.
No Smoking after 11pm 7 days a week.

LOANING OF MONEY AND/OR PERSONAL PROPERTY

The Turning Point Program Resident's are not permitted to ask another resident of the program/Centre for a loan of money/personal property (coats, shoes, walkman, etc).

THE DORMS AND BEDS

Unless you have permission from program staff to be in bed, **no resident will be in bed after 6:30 am**. Continual disregard of this policy will result in dismissal from program.

Program Residents should be only in the dorm that has been assigned unless you are invited and are in the company of a resident of the other dorm.

THE LOUNGE (Sun-Thurs 6am-11pm Fri-Sat 6am-2am)

Feet are not to be on furniture, and all program residents are responsible to help maintain the cleanliness of the lounge.

KITCHEN

All program residents are responsible to help maintain the cleanliness of the kitchen. The kitchen is a privilege not a right, and access may be denied if it is deemed that it is not being properly maintained.

HYGIENE

All program residents are to maintain their own personal hygiene. Consistent failure to do this (not showering on a daily basis, clean clothes etc.) will result in dismissal.

AFTER SHAVE AND COLOGNES

The use of after-shave and colognes is not permitted while you are a resident of the Turning Point Program, and must be turned into program staff upon admittance.

HEALTH CARDS

All program residents are **required to have a valid OHIP card**. Those without one must apply for one as soon as possible, as Harbour Light won't accept applicants without one.

MEDICATION

All prescribed medication **must** be handed into the program staff upon admittance into the program. You will receive your prescription on a daily basis from the front desk after signing a medical release form. They will be returned to you after leaving the program.

All medication handed in must have a readable label, recent date and the bottle must contain only the medication noted on the label, otherwise they will not be permitted. Failure to hand in all medications will result in discharge.

PERSONAL LAUNDRY TIME

There is a coin laundry east of Sherbourne Street on Queen Street. (There is a cost at each location.)

VIOLENCE

Any acts of violence and/or threats towards another Program Resident, another Resident or a Staff Member of this centre is prohibited and will result in you being discharged.

WEAPONS

The possession of any weapons and/or replicas of weapons in the program and Centre are strictly prohibited.

PROPERTY

Program residents who intentionally damage or destroy program and/or Centre property will be discharged, and will be held financially responsible for damage that is incurred.

VEHICLES

Program residents are not permitted to have a vehicle at his disposal while in treatment.

CELLULAR PHONES AND PAGERS

Cellular phones and pagers **must** be turned off during program time. Calls to report to the Bail, Probation, or Parole Supervisors can be made through the program staffs office.

PHOTOGRAPH

Your photograph will be taken for identification purposes before you are admitted. This photo becomes the property of the Turning Point Program and will remain in your file.

SIGNING IN AND OUT

All Program residents are **required** to sign out/in when leaving/entering this Centre. **This includes going out for a smoke.**

CHAPEL SERVICES (mandatory)

Two mandatory chapel services are held at the Maxwell Meighen Centre. They are on Sunday and Tuesday evenings at **7 pm.**

WEDNESDAY (mandatory)

Recreational time at the John Innes Community Centre. **2:00-3:30pm.** All program residents are required to participate unless you have a letter from your doctor.

AA in-house meeting is mandatory for all program residents. **8:00pm** weekly.

THURSDAY (mandatory)

CA in-house meeting is mandatory for all program residents. **7:30pm** weekly.

12 STEP MEETINGS (mandatory)

All program residents must attend **at least two** other weekly meetings outside of the Centre as part of your program. Check the lounge program board for postings.

WORK THERAPY

All residents entering the Turning Point Program will be assigned a cleaning duty. This duty will be checked daily to ensure that the area is being properly cleaned.

STUDY TIME

A study class will be provided between 2:15-3:45 to write journals and study modules.

DESK STAFF AUTHORITY

The front desk staff has been authorized to refuse you admission to the Centre if you miss your curfew, enter under the influence of a chemical substance or they suspect you are under the influence. They are also authorized to refuse you admission to the Centre if you continually refuse to sign in/out.

ARAMARK FOOD SERVICES

Aramark Food Services is a private company under contract with the Maxwell Meighen Centre to provide all meals and food services. Their duties include kitchen and dining room clean up. The kitchen and dining room Staff are employees of Aramark, and are in no way accountable to the residents of the Turning Point Program.

The procedure to follow if there is a dispute or complaint concerning the Aramark Food Services Staff and the resident you must put it in writing to the attention of the program staff.

The report should include the date, time, and full description of the incident and the staff members involved.

Program Residents must not at anytime become involved in any kind of confrontation with Aramark Food Services Staff or seek to take the complaint directly to the Aramark Food Services Supervisor.